

# Arkansas Farm to School Cook Off

## 2022 Arkansas Farm to School Month

This year, Arkansas Farm to School Month is themed "Growing Together," and there are many ways to get involved! Visit our website to learn more: [arfarmtoschool.org/about/farm-to-school-month/](https://arfarmtoschool.org/about/farm-to-school-month/). [Share with us](#) activities you have planned for Arkansas Farm to School Month!

The Farm to School and Early Childhood Education Program through the Arkansas Department of Agriculture will host its first ever recipe contest for Arkansas Farm to School Month. The program invites K-12 schools, early childhood education facilities, and alternative learning environments across the state to participate in the Arkansas Farm to School Month Cook Off! Students have the opportunity to showcase their interests, creativity, and skills by submitting a recipe to be featured in the Arkansas Farm to School Kids' Cookbook, a cookbook made by kids for kids.



To celebrate the great seasonal products that Arkansas has to offer, recipes will feature fall seasonal ingredients. Visit the Harvest of the Season Fall page to learn more about what products are in season now.

Students may submit recipes individually or in a group. All entries will have the chance to be featured in the cookbook, but one winner will be selected for the best recipe!

**THE GRAND PRIZE:** Lights, camera, action! The winning student or group of students will have the opportunity to share their recipe with the state on KATV's Good Morning Arkansas program.

### Information and Rules:

- Recipes will be accepted from **October 1 through October 31, 2022**. Please follow our [Farm to School Cookoff Judging Rubric](#) to plan your submission!
- Both individual and group submissions will be accepted. Please limit group submissions to 10 students.
- Name(s) of student(s), the school, and city should be provided for credit of authorship.
- Media release forms for each student must be signed and submitted.
- Recipes may be handwritten drawings or writings, videos, or pictures - be creative!
- Recipes must feature at least one ingredient from the [Harvest of the Season Fall product posters](#). This does not include the year-round products, though you are welcome to use those as additional ingredients.
- Recipes should include a full list of ingredients and clear instructions so that others can recreate the recipe at home.
- Students using produce from the school garden or a local farmer will receive a bonus point!

[Submit Your Recipe](#)

