



DENT CORN

YEAR-ROUND



ARKANSAS
FarmtoSchool

UofA
DIVISION OF AGRICULTURE
RESEARCH & EXTENSION
University of Arkansas System



GROW

Dent corn is planted in the spring by machines. Water irrigation systems help meet needs when rainfall is not enough throughout the growing season. Fields are regularly monitored for disease and pests. Dent corn is harvested by a combine that separates plant parts and deposits the grain into a cart or truck.



PREP

Dried dent corn is milled and made into a variety of products. Grits, corn meal, corn flour, masa, and corn bran are all made from dent corn. Dent corn is also used to make breakfast cereal, snacks, and baked goods.



EAT

Grits are a delicious dish that can be enjoyed sweet or savory! Enjoy cornmeal in cornbread and corn muffins. Tacos, tamales, and pupusas are yummy entrees made with masa. Munch on a bowl full of your favorite cereal made with corn bran!



LEARN

Dent corn is a **grain**. It was grown by the Caddo, Quapaw, and Osage tribes long before Arkansas became a state. Dent corn is high in antioxidants that support eye health and the immune system. Archaeologists discovered dent corn cobs that were about 6,250 years old in Mexico!

